



NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

This notification is being filed on behalf of Maharishi Ayur-Ved Products Int., Inc. which is the manufacturer of the product(s) which bear the statements identified in this notification. Its business address is: 1068 Elkton Dr., Colorado Springs, CO 80907. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R.S101.93. The dietary supplement product, the label of which contains these statements, is Blissful Sleep I.

The text of each structure-function statement for which notification is now being given is as follows:

(Statement 1): "For ease of falling asleep."

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement</u> <u>No.</u>	<u>Identity of Dietary Ingredient(s)</u> <u>for which Each Statement is Made</u>
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1	Proprietary Ayurvedic herbal combination
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The following identifies the brand name of each supplement for which a statement is made:

<u>Statement</u> <u>Number</u>	<u>Brand Name</u>
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1	Blissful Sleep I
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I, Steven Barthe, am authorized to certify this Notification on behalf of Maharishi Ayur-Ved Products Int., Inc.. I certify that the information presented and contained in this Notification is complete and accurate, that Maharishi Ayur-Ved Products Int., Inc. has substantiation that each statement is truthful and not misleading.

Date Signed: 2/1, 2000

By: Steven Barthe
(Name) Steven Barthe
(Title) Treasurer